



Button-Free Parenting

Are your kids pushing your buttons? Can't find the patience to parent calmly?

Many parents know what to do, but have a hard time doing it because of issues from the past.

Come join the **Button-Free Parenting group to learn how the past affects parenting and how to stop frustration and anger triggered by the past. If we want our kids to change, changing ourselves is the first step.**

Details

- **Time/Date:** The first session of this 12-week group begins at 6:30pm on Sunday, May 30th. Sessions last 90 minutes.
- **Location:** 1127 Alameda Boulevard Northwest Suite C, Albuquerque, NM 87114. (Behind Domino's Pizza)
- **Cost:** Each Session is \$30 *per person*. To hold your place, please pay your (non-refundable?) first session fee with your registration. The registration deadline is Friday, May 21.
- **Facilitators:** Bill Jacobs LPCC, family and child therapist, and by Kristy Heffner MA, certified *Love and Logic Parenting* instructor.
- **For More Information:**
 - **Call** Bill Jacobs @ 505-379-0810 or Kristy Heffner @ 505-821-0810
 - **Read** our FaceBook page or Bill's website @ www.billjacobslpcc.com/button-free-parenting

Registration

Name(s): _____ Phone: _____

Payment Type (please check):

Cash

Check # _____ Checks payable to Bill Jacobs LPCC LLC.

Please mail this form with your first session payment to **Button-Free Parenting**, 1127 Alameda Boulevard Northwest Suite C, Albuquerque, NM 87114 no later than Friday, May 21. Maximum of people is 10.